

Current Medications (including vitamins and supplements):

Family Medical History:

<input type="checkbox"/> Cancer:	<input type="checkbox"/> Heart Disease:	<input type="checkbox"/> Diabetes:
<input type="checkbox"/> Other:		

Social History:

Use of tobacco/nicotine:

- I am a non-smoker who has never used tobacco/nicotine products.
- I am a former smoker who quit _____ months / years ago.
- I am current smoker and/or user of nicotine products. I smoke _____ cigarettes / packs per day.

Use of alcohol:

- I never use alcohol.
- I am a regular user of alcohol. Approximately _____ drink(s) per day/week/month.

Use of drugs:

- I never use drugs, unless prescribed by my doctor.
- I use recreational drugs: (please list) _____

Exercise regime: _____

Type of employment: _____

I hereby declare that the information I have provided on this form is a true and accurate record of my health history, to the best of my knowledge.

Patient Signature _____ Date _____

The following line is to be signed by your doctor or nurse.

Reviewed by: _____ Date _____

6 month review/update with patient	Date
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